

Friday 14<sup>th</sup> August 2009

FOR IMMEDIATE RELEASE

### BROWN'S BRITISH BREAK

Prime Minister Gordon Brown, holidays at Armathwaite Hall Country House Hotel and Spa on Bassenthwaite Lake. The P M and his family spent the last week enjoying the best of what the Lake District has to offer.

Hotel proprietor Carolyn Graves commented "We were delighted that the Prime Minister and his family chose the Lake District and Armathwaite Hall to spend their well earned holiday. It has been a pleasure for both myself and my staff and hope that they will take happy memories back to London with them and will return sometime in the future. On departure the P M told us how much the family had enjoyed their stay at Armathwaite Country House Hotel and Spa."

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#### About Armathwaite Hall Country House and Spa

One of the original stately homes of England Armathwaite Hall Country House Hotel and Spa is as romantic as the surrounding countryside. This Luxury 4 star Lake District Country House is magnificently set in the secluded splendour of 400 acres of deer park and woodland, bordered by the beauty of Bassenthwaite Lake and framed by the dramatic Skiddaw Mountain and Lake District fells.

The Spa at Armathwaite Hall is open to locals as well as residents, with the choice of physical exercise or relaxation. The current facilities include: 16 metre infinity edge pool, thermal suite including hydrotherapy pool, steam room, sauna room, aroma room, heated bench and experience showers, outdoor hot tub, wallow pool, state of the art gymnasium, exercise

studio, 'hush' tranquillity room, holistic salon, ten treatment rooms including a couples room and outdoor sensory garden.

The new Court Yard Bar and Brasserie which opened in July 2009, is open daily from 10am to 10pm, serving informal food from cappuccino to contemporary dining. The outstanding design and modern décor creates an inviting and relaxed atmosphere.

Contact details for Armathwaite Hall Country House and Spa

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Available Monday- Friday 9-5.30

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